



Welcome to the Good Food East Midlands newsletter – Issue 5 (August - September 2017)

#### What's in this newsletter

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- Help required
- Update on GFEM progress – including revised date of Monday 18<sup>th</sup> December for 1<sup>st</sup> annual conference
- SAVE THE DATE for GFEM Conference on Monday 18<sup>th</sup> December
- Food updates and useful articles

#### Help required

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- 👉 If you have not already done so:
  - Please like our Facebook Page ([click here to access](#)) and share with your respective networks and any others you think would be interested Sign-up for the GFEM Conference and share with your respective networks and any others you think would be interested
- 👉 We are looking for a volunteer(s) to provide project support from November 2017 onwards – if you can provide support please email [claire.smith@phe.gov.uk](mailto:claire.smith@phe.gov.uk) by the end of October 2017

#### Update on GFEM progress

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- ✓ GFEM Facebook Page is now LIVE
- ✓ 1<sup>st</sup> annual conference is now Monday 18<sup>th</sup> December (10am to 3pm) and will be held at Leicester City Hall.



## Newsletter – Issue 5 (August – September 2017)

- ✓ **Strategy (short and full) finalised and published on KHUB**
- ✓ **New application for Charitable status submitted – feedback on application expected in November at the earliest**
- ✓ **SFC regional membership – positive feedback on initial application. Additional supporting information requested but on track to be the 1<sup>st</sup> regional member by the end of the year**

## GFEM Conference Details

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Love it, Eat it, Grow it, Share it!

### Good Food East Midlands conference

Monday 18 December 2017: 10-3pm

Leicester City Hall - 115 Charles Street, LE1 1FZ

**Please join us at our first GFEM conference**

Presenters will include:

- Sustainable Food Cities Programme
- Tesco and Fareshare
- Crabtree Farm Primary school

GFEM is an independent organisation with membership open to any individual or group that has an interest in healthy and sustainable food; whether you want to Love it, Eat it, Grow it or Share it!

To book a place please contact:  
jane.jobarteh@phe.gov.uk

## Reminder of next project board

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The next project board is scheduled for **Monday 4<sup>th</sup> December 12:30pm to 3:00pm** and will be held as a conference call....details to follow!

## Food updates and useful articles

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- Sustainable Food Cities – September 2017 Newsletter – [click here to access](#)
- Sustainable Food Cities – PHE publish evidence of impact of improving access to healthy food article - [click here to access](#)
- Guardian – Food Poverty articles - [click here to access](#)
- GFEM Facebook Page – [click here to access](#)

## Food ‘fun’ facts

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- ❖ A watermelon is over 92% water by weight
- ❖ Casu Marzu is a cheese found in Sardinia that is purposely infested with maggots

